

Metroplex Colon & Rectal Specialist

Raymond Staniunas, M.D., FACS

Board Certified Colon & Rectal Surgery

Office Toll Free 1-855-273-2825

Fax 817-701-0575

HEMORRHOIDAL BANDING

WHAT SHOULD I EXPECT IN THE DAYS TO COME?

- A pressure sensation in the anal area is normal for 1-2 days after the procedure.
- There may be some minor pain or discomfort to the anal area.
- You may take Tylenol for minor discomfort. Do NOT take aspirin or Ibuprofen.
- You may soak in a tub of warm water in order to soothe the anal area.
- Avoid Epsom salt or soap products when soaking in the tub or cleaning the anal area. Use regular water ONLY.

WHAT IMPORTANT INSTRUCTIONS DO I NEED TO FOLLOW AFTER THE PROCEDURE?

- Begin consuming a high fiber diet. Take a fiber supplement such as Metamucil or Citrucel with an 8-ounce. glass of water each day. It is also important to drink 8 to 10 glasses of water a day. All of these steps are to help keep your bowel movements soft.

WHAT HAPPENS TO THE RUBBER-BANDED TISSUE?

- In about 4-10 days, the banded tissue & rubber bands will pass. Usually you will not notice when this takes place, so do not be alarmed. HOWEVER, if you begin passing a large amount of blood, call the office immediately OR go to the emergency room.
- Some rubber bands may fall off by themselves sooner, but do not worry, we use multiple bands during the procedure, and this is not a problem.

CALL IMMEDIATELY WITH:

- FEVER > 102
- Increased or Severe Pain
- Inability to Urinate
- Profuse Bleeding